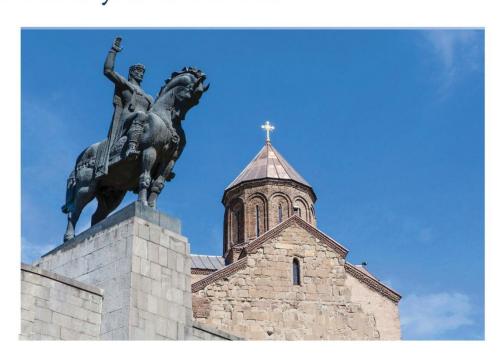






WELCOME

The Bodybuilding and Fitness Federation of Georgia exstends warm weicome and invites IFBB-affiliated National Federations from Europe and Central Asia to participate in Georgia Grand Prix. This will create the opportunity for most of you to discover our beautiful and hospitable country. We hope that you will be able to join us and make this event the biggest and best in its history. We look forward to welcome you to Tbilisi.



LOCATION

Georgia is a country in the Caucasian region of Eurasia. Located on the crossroads of Western Asia and Eastern Europe. It is bounded to the west by Black Sea, to the north Russia. to the south by Turkey and Armenia and southeast Azerbaijan. The capital and largest city is Tbilisi.



HISTORY

Historians suppose that the first state mentioned in Georgia Colchis Kingdom located on the east coast of the BlackSea. The first mention of it was in the middle of the 1st millennium BC. In the beginning the 4th century during the King Mirrian III, Christianity became the state religion. 11th 12th centuries was the period of greatest, political, economic and cultural prosperity of Georgia during the reign of David IV, builder of the Golden Era of Georgia started in the beginning of 11th century till 13th century. The peak of flowering was during the reign of Queen Tamara(1184-1213)

From 1801 to 1867 the Georgian Kingom had gradualli been incorporated info the Russian Empire, what ended in 1918. After that the Republic of Georgia has became a part of Soviet Union.

Shortly before the collapse of the Soviet Union Georgia





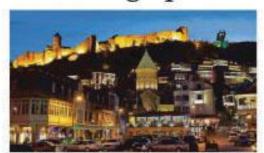
the collapse of the Soviet Union Georgia declared independence on 1991.

On July 31 1992 Georgia became the full member of United Nations.



TBILISI

Tbilisi has been the capital of Georgia since the 5 centuri. It has been one of the most important curtural, political and economic centers over the Caucasus. Tbilisi, located at the major trade routes, was occupied by the foreign powers several times.

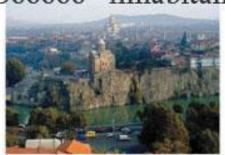




After the dissolution of the Soviet Union, it

finally beame the capital of the Georgia Republic. The meaning of Tbilisi is "warm

location" The population of Tbilisi is around 1,500000 inhabitants







AIRPORT

Shota Rustaveli Tbilisi International Airport is the main airport of Georgia. Located 17km far from Tbilisi downtown.



It is possible to reach by a taxi, train in and bus No.37.

OFFICIAL HOTEL AND VENUE

TBILISI

OFFICIAL HOTEL



Hotels & Preference is international hotel chain of 150 hitels mainly 4 and 5 stars. Hotels& Preference offens very contemporary hotels with high quality services and standards

Hualing Tbilisi Sea New City, Tbilisi, Georgia 0152 www.hotelspreterence.com

coordinator@hotelspreference.ge +995599032468

PARTICIPATION AND REGISTRATION

Official Athlete Registration will bi conducted on official hotel, HOTEL & PREFERENCE All athlets will have to produce their Passport or identity Cards and IFBB international Cards at the Official Registration.

All athlete who has not yet obtained the IFBB international Card or need to renew his/her Card will have to do it at Registration or at the website IFBB.

IFBB international Cards are EUR 35 per year and are mandatory.









Accommodation

Single room- USD \$60 per room per night Double room- USD \$80 per room per night

ACCOMMODATION

The organizine committee or IFBB will not be rensponsible for any reservation or payment of hotel accommodations, traveling, arrangements and meals. Hotel booking should be done directly by partcipateing athletes or National Federations.

PARTICIPATION

The competition is open for the IFBB-affiliated National Federations from Europe
and Central Asia.

Participation of athletes is unlimited. Official Athlete Registration will be conducted in the official hotel: Hotels & Preferens Hualing Tbilisi an Friday, June 25th,2021 from 15:00 till 20:00

REGISTRATION FEE

The IFBB registration fees are as follows:
Registration fee for each categoryis EUR200
per athlete. For competing in the second category additional fee of EUR 100 will be charged.

Please add your name during online payment and bring a copy of your payment confirmation to the registration.

If paying at the registration on June 25rd 2021, an extra fee of EUR € 50 per participant will be charged.

Fees have to be paid in advance by credit/ debit-card or PayPal at IFBB webpage:

www.ifbb.gbisportinnovation.com/affiliation-ifbb

The online payment system will switched off on Thursday, June 10th2021, 24:00 (midnight-Central European Summer Time, is UTC +2

CAMERA/VIDEOTAPES

Camera/videotapes shall be strictly prohibited in. The backstage are of dressing room except when used by dully recognized press personal and in any event, this device shall be strictly prohibited in the dressing rooms.

PRESS ACCREDITATION

IFBB

Any press representatives that wish to obtain press accreditation for this event have to contact the Organizing Committee and register upon arrival.

JUDGES

To be taken info consideration during selection of judges panels at the competition, IFBB International Judges must be included in the Final Entry Forms sendbe National Federations according to the IFBB rules. For more information, please contact Mr. Pawel Filleborn, Chairman of the IFBB Judges Committee, ander address:pawelfilleborn@gmail.com All International Judges must bring their international Judges Cards to Tbilisi. IFBB International Judges must have a valid IFBB Judge's Card with the IFBB yearly Judges fee of EUR 50 paid for 2021. This fee may also be paid at the Registration in Tbilisi. 14 1121

CLIMATE IFBB

During the month of June the average temperature is between +25° and 27° C.

LANGUAGE

Georgian(official), English and Russian are widely spoken.

The Georgian Lari(GEL) is the currency of Georgia. USD\$ 1.00=GEL 3.4 (April 2021)
EUR€1.00=GEL 4.2 (April 2021)

ENTRY FORM CONTACT DETAILS

WE STRONGLY ENCOURAGE YOU TO REGISTER EARLY THROUGH YOUR NATIONAL FEDERATIONS

All Final Entry Forms should be sent no later than Thursday June 10th, 2021 to:

IFBB Technical Committee
amichalak5@gmail.com, Eng. Andrew Michalak
IFBB HeadOffice Ms. Alba Sanchez
info@ifbb.com and Georgian BBFF President
Konstantin Matsaberidze kotmats@mail.ru
gebbffifbb@gmail.com,
At the GEORGIA GRAND PRIX only athletes
who are approved and registered by their
IFBB-affiliated National Federations will be
allowed to compete. Entries should be made
through National Federations. National
Federations from Europe and Central Asia are
eligible to participate.

ELITE PRO QUALIFIER

ANTI-DOPING RULE VIOLATION

Pleas by aware that it is full rensponsibility and obligation of the National Federation to verify if each one of the athletes to registered on this international event are NOT suspended or fulfilling any period of ineligibility due to Anti-Doping Rule Violation or any disciplinary case at national or international level/Be also aware that if any athlete from your National Federation register and compete being suspended due to an Anti-Doping Rule Violation, both the athlete and the National Federation will be subject to sanctions according to the World Anti-Doping Code, the IFBB Anti-Doping Rules and the Constitution and Rules

TANNING

off. An official will check athlete s tan backstage and if the tan comes off by simple wiping, the athlete will be told to remove the tan before going on stage.

Official tanning service will be available at the competition. Contact: www.onsitetan.com info@onsisetan.com

ELICTRICAL CURRENT

220 Volts, 50 Hz. Socket/plug of type C plug with two round prongs.

BACKSTAGE ACCESS/ DRESSING ROOM ACCESS

Access to the backstage area/ dressing room shale be strictly limited to the Essential Personnel only or official delegates and coaches.

Trainers who assist athletes in the dressing room must be of the same sex as the athlete they are assisting.

POSING MUSIC

All posing music with 60 seconds for body building must be on an audio CD or USB disc only. The posing music must be the only track on CD or USB disc. Each competitor must affix his name on the CD for an easy identification.

The use of profane, vulgar and offensive language is strictly prohibited in the posing music



MEN S BODYBUILDING

Up to & including 80kg
Up to & including 90kg
Up to & including 100kg
Over 100kg
Overall

MEN S CLASSIC BODYBUILDING

Up to & including 175cm
Up to & including 180cm
Over 180cm
Overall

MEN S PHYSIQUE

Up to & including 173cm
Up to & including 179cm
Up to & including 182cm
Over 182cm
Overall

CLASSIC PHYSIQUE

open

MASTER BODYBUILDING From 40 Age open

MEN'S PHYSIQUE MASTER

From 40 Age

CATEGORIES

WOMEN S BODYFITNESS

Up to & including 163cm Over 163cm Overall

WOMEN'S BIKINI-FITNESS

Up to & including 160cm
Up to & including 164cm
Up to & including 169cm
Over 169cm

Overall

open



BODY WEIGHT LIMITS

MEN & MASTERS CLASSIC BODYBUILDING

Up to 168 cm (Athlete's height[in cm] minus 100 + 0 kg

Up to 171 cm (Athlete's height [in cm] minus 100) + 2 kg

Up to 175 cm (Athlete's height [in cm] minus 100) + 4 kg

Up to 180 cm (Athlete's height [in cm] minus 100) + 7 kg

Up to 188 cm (Athlete's height [in cm] minus 100) + 9 kg

Up to 198 cm (Athlete's height [in cm] minus 100) + 11 kg

Over 196 cm (Athlete's height (in cm) minus 100) +13 kg

MEN & MASTERS CLASSIC PHYSIOUE

Up to 168 cm (Athlete's height[in cm] minus 100 + 4 kg

Up to 171 cm (Athlete's height [in cm] minus 100) + 6 kg

Up to 175 cm (Athlete's height [in cm] minus 100) + 8 kg

Up to 180 cm (Athlete's height [in cm] minus 100) + 11 kg

Up to 188 cm (Athlete's height [in cm] minus 100) + 13 kg

Up to 196 cm (Athlete's height [in cm] minus 100) + 15 kg

Over 196 cm (Athlete's height [in cm] minus 100) + 17 kg

Minimum number of competitors to run a caregory should be 5. If less than 5 athletes, categories will be combined, wherever possible.



MEN'S BODYBUILDING	1 PRO CARD	FOR OVERALL
MEN'S CLASSIC BODYBUILDING	1 PRO CARD	FOR OVERALL
CLASSIC PHYSIQUE	1 PRO CARD	FOR WINNER
MEN'S PHISIQUE	1 PRO CARD	FOR OVERALL
WOMEN'S BIKINI-FITNESS	1 PRO CARD	FOR OVERALL
WOMEN'S BODYFITNESS	1 PRO CARD	FOR OVERALL
WOMEN'S WELLNESS	1 PRO CARD	FOR WINNER
MASTER BODYBUILDUNG	1 PRO CARD	FOR WINNER
MASTER MEN'S PHYSIQUE	1 PRO CARD	FOR WINNER



AWARDS

Top six athletes in each category will be awarded with medals or trophies and certificates.

Overall winner in each discipline will have a trophy.







TENTATIVE SCHEDULE

Friday June 25th 2021

GEORGIA GRAND PRIX

15:00-20:00 OFFICIAL ARRIVAL DAY NATIONAL TEAM & OFFICIAL ATHLETE REGISTRATION WEIGH-IN HOTEL & PREFERENCE

20:00-21:00 TEAM MANAGERS & JUDGES MEETING AT HOTEL & PREFERENCE

Saturday June 26th 2021

10:00-15:00

GEORGIA GRAND PRIX (PREJUDGING & FINALS) HOTEL& PREFERENCE

IFBB ELITE PRO
Sunday June 27th 2021
Monday June 28th2021

10:00 DEPARTURES

CORRESPONDENCE AND FINAL ENTRY FORM SENDING DETAILS E-MAIL:

Please send the FINAL FORM no laten than Thursday, June 10th, 2021

Georgia Bodybuilding & Fitness Federation
Federation President
Konstantin Matsaberidze
E-mail gebbffifbb@gmail.com

